

NOVOMIN

Tablet: Each tablet contains Dimenhydrinate 50mg.

Syrup: Each 5ml contains Dimenhydrinate 15mg.

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What Novomin is used for

It helps in the prevention and treatment of nausea, vomiting and motion sickness.

How Novomin works

Dimenhydrinate has the antihistamine property which prevents the release of histamine due to allergic reaction. Histamine is a chemical substance that released in the body as part of an allergic reaction.

Together with its antiemetic, anticholinergic and local anaesthetic properties, it blocks the signal of nausea, vomiting and motion sickness in the brain.

Before you use Novomin

- When you must not use it
Do not use Novomin if you are allergic to any ingredients in this medicine.
- Before you start to use it
Tell your doctor or pharmacist before using Novomin if you:
 - are pregnant or plan to pregnant.
 - are breast-feeding or plan to start breast-feeding.
 - are going to drive motor vehicles or operate machinery.
 - have taken alcoholic drinks or other drugs that may produce drowsiness.
- Taking other medicines
Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

How to use Novomin

- How much to use
Dosage can be repeated every 8 hours if necessary.

Novomin Tablet

- *Adults:* 1 to 2 tablets
- *Children over 12 years:* 1 tablet
- *Children 7 to 12 years:* ½ to 1 tablet.
- *Children 2 to 6 years:*
Recommended for Novomin Syrup.

Novomin Syrup

- *Adults and Children over 12 years:*
Recommended for Novomin Tablet
- *Children 7 to 12 years:* 10ml to 15ml
- *Children 2 to 6 years:* 2.5ml to 5ml.

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

- When to use it

To be taken before or after meals.

For prevention of motion sickness, the first dose should be taken 30 minutes before the journey.

Use as directed by your doctor or pharmacist.

- How long to use it

Continue taking Novomin for as long as your doctor recommends.

- If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Overdose may result in sudden and irregular movement of muscles.

While you are using it

- Things you must do

- Always wash your hand before handle the medicine.
- Take the medicine at the same time each day.
- For syrup, sip and swallow the medicine slowly, preferably taken without dilution.
- Tell your doctor immediately if you become pregnant while taking this medication.

- Things you must not do

- Do not chew the tablets. Swallow it with water.
- Do not stop taking the medicine unless advised by your doctor.
- Do not take any new medicines without consulting your doctor.
- Do not give Novomin to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

- Tell your doctor or pharmacist if you:
- are allergic to any other ingredients in this medicine.
 - are pregnant or breast-feeding.

Driving and using machines

This medicine may affect your ability to drive or use machines. If the tablets/syrup make you feel sick, dizzy or tired, or give you a headache, do not drive or use machines and contact your doctor immediately.

Side Effects

Drowsiness may be experienced by some patients, especially on higher dose.

Like all medicines, Novomin can cause side effects, although not everybody gets them.

Visit your doctor or pharmacist immediately if you experience any side effects or allergic reactions after taking this medicine.

You may report any side effects or adverse drug reactions directly to The National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website npra.moh.gov.my (Public → Reporting Medicinal Problems/ Side Effects/ AEFI/ Vaccine Safety).

Storage and Disposal of Novomin

- Storage

Store below 30 °C.

Keep out of the reach of the children.

Do not use this medicine after expiry date.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

Novomin Tablet

White colour, round, convex tablet with single breakline on one side, 7.9mm in diameter.

Available in blister strips of 10's in packing of 10 tablets per box.

Novomin Syrup

Yellow, orange flavoured syrup.

Available in pack of 60ml.

- Ingredients

Novomin Tablet

- Active Ingredient

Dimenhydrinate

- Inactive ingredients

Maize Starch, Lactose, Colloidal Silicon Dioxide, Magnesium Stearate, Microcrystalline Cellulose.

Novomin Syrup

- Active Ingredient

Dimenhydrinate

- Inactive ingredients

Saccharin Sodium, Orange Flavour, Syrup, Purified Water, Chloroform Spirit, Glycerin BP, Sodium Benzoate, Quinoline Yellow Colour Powder, Sunset Yellow Colour Powder.

- MAL Number

Novomin Tablet: MAL19870329AZ

Novomin Syrup: MAL19870318AZ

Manufacturer and Product Registration

Holder

Xepa-Soul Pattinson (Malaysia) Sdn Bhd

1-5 Cheng Industrial Estate,

75250 Melaka, Malaysia.

Date of Revision

22/11/2017